



Climate or Natural Disaster? You've got this.

The #Qready checklist, bent toward the lesbian, gay, bisexual, transgender, and queer (LGBTQ) community, helps you be better prepared for a worst-case scenario disaster.



WATER (3-days worth)

Water is crucial in your life; for drinking, washing, and all other uses we take for granted. In a disaster, the water might be contaminated or shut off entirely. Have at least one gallon of water per person, per day, for at least three days, along with water purification tablets.



FOOD (3-days worth)

You should have at least a three-day supply of nonperishable food with a can opener and compostable bowls/utensils. Stuff you don't have to cook is ideal. Be sure to share and get things you will want to eat so don't end up stressed out eating creamed corn in the dark.



FIRST AID KIT & MEDICINE

Your medical needs are important. If possible, have a few days or a week of extra medicine. If you need glasses, an extra old pair will be useful. Be sure to have a first aid kit on hand as well.



RADIO & FLASHLIGHT

Be sure to have extra batteries, because you'll need to see in the dark and will want updates or entertainment. A whistle wouldn't hurt as well for safety and the ability to alert others.



PET SUPPLIES

Have an extra leash, food and other necessary items to care for our non-human friends – They will need your help more than ever during a disaster scenario.



RAINBOW FLAG BANDANA

Pack a rainbow flag bandana or other small queer flag to find friends, make new ones, or simply for fashion!



EXTRA CLOTHES

A spare clean t-shirt, socks, and underwear will be those really useful things you have on hand!



HYGIENE STUFF

Santizer, baby wipes, feminine products, and dust masks to keep clean and fresh.



SPECIAL TOOLS

Keep tools around such as an adjustable wrench for shutting off utility pipes, a pocket knife and duct tape which is the most handy thing that comes in lots of fabulous colors.



SAFER SEX STUFF

Bring items such as condoms, lube, dental dams, latex gloves, sex toys, and an imagination. Nothing else passes time or eases anxiety more effectively.



MAP

Be sure to mark down where you live, with LGBTQ-friendly spaces circled and meeting points marked.



CUTE BACKPACK

Be sure to have a small backpack or bag ready to hold all the smaller items, including spare cash. Keep next to your food and water.



LGBTQ disaster tips:



- **MAKE A PLAN.** Designate a meeting place for you and your chosen family, repeat and visit it often. Your phone will probably not work and it may take people hours to get there, but be patient. Safety happens best in numbers, especially for LGBTQ people.



- **USE BATHROOMS TOGETHER!**
- **FIRST RESPONDERS** may not know much about sexual orientation or gender identity. Disclose important information such as your pronouns, partner status, health concerns or other needs to a person you can trust.



- **HELP** and be an **ALLY** if you're able. Contrary to what you've been told, people come together during disasters. Be inclusive and step up if something isn't right.
- If you must **EVACUATE**, coordinate efforts with a nearby LGBTQ center. Not everyone can afford to leave, so travel in groups and share resources.
- Pack something **ENTERTAINING** because it's likely you won't have internet access or the ability to move around. Consider using the checklist items for a consensual disaster roleplay, and a deck of cards never hurts.
- **HOST A KIT MAKING PARTY!** Buying in bulk is cheaper and themed gatherings are fun.
- **HAVE HOPE!!** Remember that rainbows follow storms. Be fabulous, aware, and keep hope alive for you and others around you.

More about #Qready



- **Why create a guide for LGBTQ people?** Unfortunately, we don't always know what's going to happen where we live. Although that's a scary thought since the world seems unsafe enough, it's better that we're prepared and ready for when the unthinkable happens. While we are all human, LGBTQ people are diverse and deserve resources, care, and safety inclusive of their needs. This is a starting point, so you and your community know that everyone can get through a disaster safely and with dignity.



- **Who made this guide?** OUT for Sustainability (**OUT4S**) mobilizes the lesbian, gay, bisexual, transgender, and queer community for environmental and social action, in pursuit of a fabulous planet. As an advocate for LGBTQ people, OUT4S published this guide to assist in the creation of greater inclusivity in an uncertain climate. Learn more about the organization's mission and work at out4s.org.
- **Want to know more?** Consult local and national resources for more regional lists or visit ready.gov.